

02 June 2017

A moving donation

When it comes to rehabilitation, movement is just as important as strength and repetition. A donation from the White Knight Foundation of a new \$10,000 exercise machine to Liverpool Hospital has meant physiotherapists and Allied Health staff can assist patients on their road to recovery.

Brain Injury Rehabilitation Unit Director Dr Adeline Hodgkinson said the donated MOTomed viva 2 machine will support continued strength and flexibility training which will aid patient recovery.

“The addition of this machine will help enhance mobility in our patients as well as assist with rebuilding their muscle strength, endurance and coordination.

“Rehabilitation helps our patients with relearning skills that are lost when part of the brain is damaged including the coordination of leg movements needed to walk.

“Rehabilitation also teaches survivors new ways of performing tasks to circumvent or compensate for any residual disabilities from their injuries.

“Having the right equipment is vital with assisting our patients’ rehabilitation, maintaining their physical health and to increase strength and active movement. We’d like to thank The White Knight Foundation for their generosity,” she said.

Co-founder of The White Knight Foundation, Shane Knight said he was happy to contribute toward better health outcomes for the local community.

“My brother Liam survived an assault but he continues to endure a long road of rehabilitation from the brain damage he sustained,” Mr Knight said.

“Donating equipment to Liverpool Hospital is a great opportunity for The White Knight Foundation to assist patients who are in a similar situation to my brother and support them to better health,” he said.